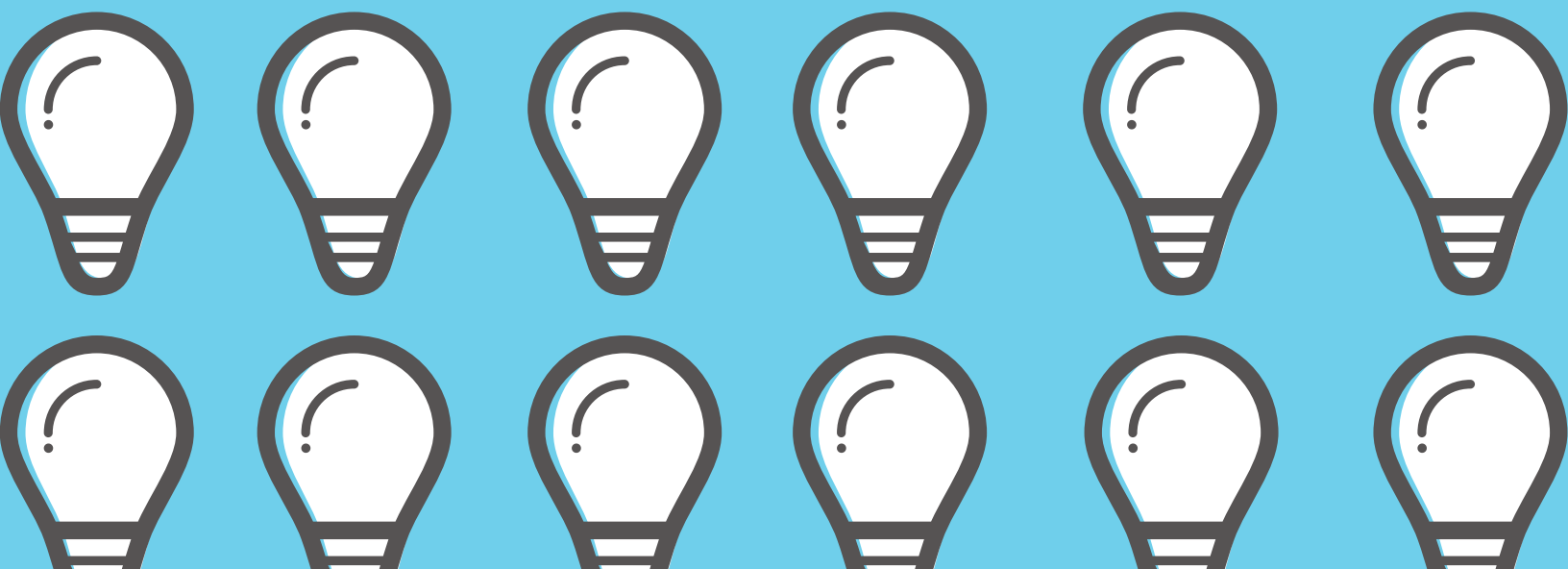


UNIVERSITY HONORS  
PROGRAM'S

# ***HONORED TO BE AN AGGIE***

Guide to UC Davis



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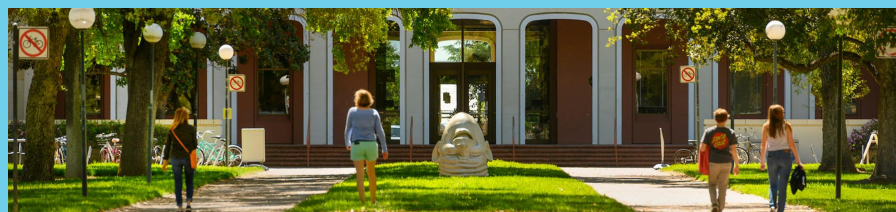


## How to Use

- The titles in the table of contents can be clicked to quickly go to that specific page.
- All website urls are hyperlinks and can be clicked to go to that webpage.



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# NAVIGATING UC DAVIS: *BY FOOT*



While UC Davis is a large campus and known for their extensive bike paths and buses, the campus is completely accessible by foot.

- By walking you can:
  - Avoid bike traffic
  - Avoid the hassel of parking and locking your bike.
  - See parts of campus you may miss by other modes of transportation.
  - Get exercise!



Realize that some classes can be far away from each other, so make sure to check your schedule and give yourself enough time to go from class to class!

Make sure to watch for bike traffic and vehicle traffic. This is especially true at roundabouts because it is easy to get run over if you aren't paying attention.



# NAVIGATING UC DAVIS: *BY BIKE*

Davis is iconic for their bikes and is known as the Bicycle Capital of the US for good reason. With miles of bike paths in and out of campus, biking provides an easy way to commute to and from classes. With these tips, resources, and tricks, you will be able to use your bike with ease throughout all of Davis!

## How to be safe when bike riding on campus:

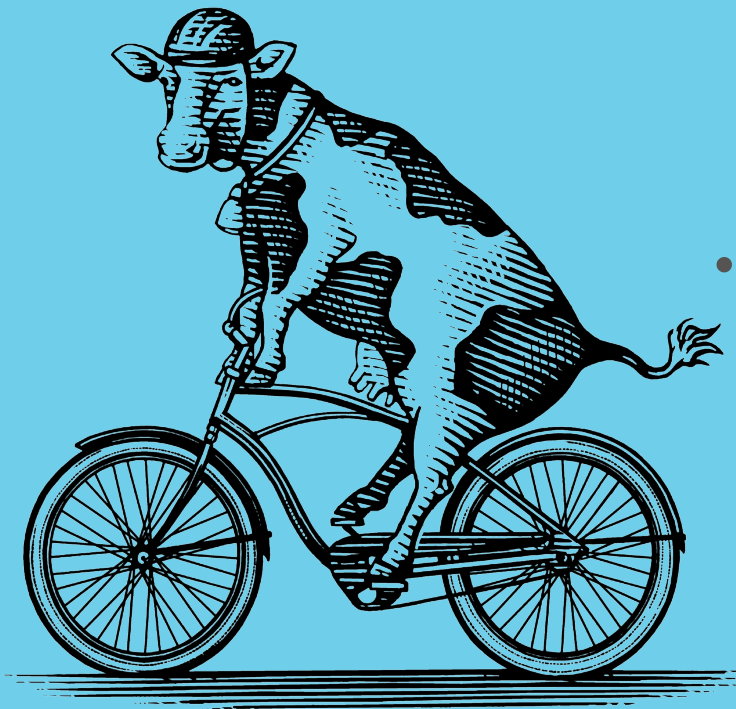
- 5 things every Aggie Cyclist should know
  - watch here: <https://www.youtube.com/watch?v=6m7wryAbEmc>
- Bike Parking and Security
  - For full information on how to keep your bike safe while parking: [https://taps.ucdavis.edu/bicycleprogram/parking\\_security#register](https://taps.ucdavis.edu/bicycleprogram/parking_security#register)
- Bike Safety Video
  - <https://vimeo.com/75059452>
- Bike Education
  - <https://taps.ucdavis.edu/bicycleprogram/education>



# NAVIGATING UC DAVIS: *BY BIKE*

## How to get your bike license

- All bicycles on the UC Davis Campus must have a current California Bicycle License. Licenses and renewals are valid until December 31 of the second year following the year of registration. You must bring your bicycle with you to register it with a license.
- California bike licenses cost \$10 and you can get your bike registered at these following locations:
  - UC Davis Transportation Services, in the TAPS Building, from 8:30 a.m. to 4 p.m. on weekdays, and from these participating bike shops in Davis:
    - Green Bicycle Depot, 965 Olive Drive, Suite G
    - Ken's Bike-Ski-Board, 650 G St.
    - B&L Bike Shop, 610 Third St. (only for bikes purchased at B&L).

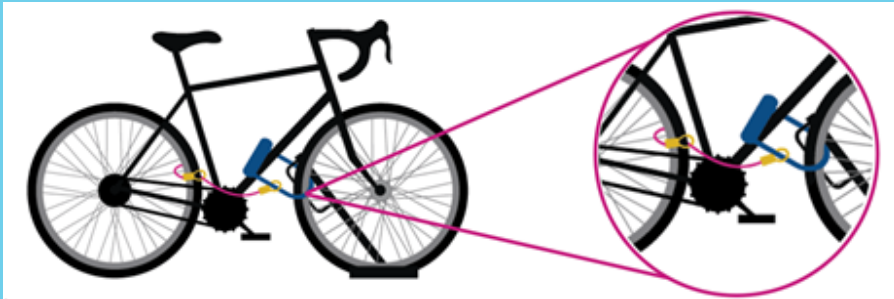


- Registering your bicycle is proof that the bicycle belongs to you. Registration creates a paper trail and is in fact a legal document connecting you to your bicycle. In other words, a licensed bicycle turns thieves off.
- You're more likely to recover your stolen bicycle if it is registered, than if it is not registered. Even if you lose your copy of the registration, Transportation Services will have the bicycle's description, including license and serial numbers, available to provide to local police as long as your registration is current.

# NAVIGATING UC DAVIS: *BY BIKE*

## Preventing Bike Theft

- Bikes are stolen on Campus
  - Each year, hundreds of bicycles are stolen on campus and in the city of Davis. Most thefts can be prevented by properly securing the bicycle with an adequate lock to an approved, fixed object (i.e. a designated bicycle parking rack).
  - The best way to prevent this at home is by securing your bike in the same way you do on campus or having it indoors.
- Bike Locks
  - A properly locked bicycle should always have the frame locked to a bike rack using a high-quality lock (u-lock or heavy chain) and, when possible, also lock one of the wheels at the same time. Adding a cable lock will help secure the other wheel, but consider using two u-locks for additional security.



- 5 quick bike theft prevention measures
  - Register your bike.
  - Ride a less valuable or older bike.
  - Always lock your bike even if your going to be away for a minute.
  - Secure your quick release components (wheels and seats).
  - Customize your bike.

If your bike is stolen, be sure to report it to the police.

- On campus theft, call 530-752-1230
- Off campus theft and within city limits, call 530-747-5400
- Report the theft online: [police.cityofdavis.org/online-crime-reporting](https://police.cityofdavis.org/online-crime-reporting)
- For additional bike theft prevention tips, call 530-752-2453



# NAVIGATING UC DAVIS: *BY BIKE*

## Keeping your bike in tip top condition

- Bike Barn and How to get your bike fixed on campus
  - The bike barn is a full-service repair shop located right in the center of the UC Davis campus. Their services include general repair work, rentals, and merchandise/part sales.
  - <https://bikebarn.ucdavis.edu/>
  - For other quick fixes or air for the tires on campus, use the bike fix it stations made by TAPS
    - The Dero Fixit stations come with tire levers, screwdrivers and all kinds of wrenches: 9/16 inch pedal, box-end, Torx, headset, crescent wrench and Allen.
    - Locations are as follows:
      - Activities and Recreation Center - in front of the building
      - Bike Barn - near the entrance
      - Memorial Union - southeast corner
      - Scrubs Cafe - east side of the cafe in the Health Sciences District
      - Shields Library - south end of the bike parking area in front of the library
      - TAPS Building - along the Dairy Road bike path that runs alongside the Hutchinson Intramural Field, adjacent to the west entry parking garage
- Upkeep on Bikes - can ensure that you get from point A to B
  - Keep tires pumped up: if not, the bike is harder and slower to pedal and it prevents the tires from breaking down.
  - Frequently lube the chain: Prevents the chain and gears from wearing out and makes a smoother ride. Chain Oil Suggestion: Finish Line Wet Bike Lubricant.
  - Bike lubricant suggestion: Triflow. It is good for keeping all other components well oiled. DO NOT get any of this on the brakes or wheel rims, otherwise you have just made your brakes unusable.
  - Always keep a napkin/gloves/rag with you when you use your bike. It is fairly common to have your chain fall off and it is much better to use gloves and/or a rag rather than having grease all over your hands.



# NAVIGATING UC DAVIS: **BY BIKE**

## Riding Safety

- ALWAYS WEAR A HELMET
  - Bike accidents happen independently of how safely you ride and the best thing you can do to protect yourself from an unexpected accident is to wear a helmet.
  - By going to the bike barn and signing their pledge, you can receive a free helmet!



<https://shcs.ucdavis.edu/health-and-wellness/physical-activity/helmet-hair-dont-care>

- Adding a mud guard in the winter to prevent mud/water from hitting your back and leaving the "freshman stripe".
- Wearing pant guards/rubber bands on pants: A velcro band or even a simple rubber band/hair elastic can be useful when wearing pants on the chain side of the bike. This prevents the pant leg from hitting the chain and getting dirty or getting caught in the chain/gears.
- Have bike flashers/reflectors on the bike at all times.
- Having bike lights at night: this website gives information about how to properly have your lights for riding at night. A white light must be used in the front of your bike when riding in the dark.
- <https://www.cityofdavis.org/city-hall/public-works-engineering-and-transportation/bike-pedestrian-program/biking-with-confidence/bike-education-and-laws>



# NAVIGATING UC DAVIS: *BY BIKE*

## Importance of Wearing a Helmet

- <https://shcs.ucdavis.edu/health-and-wellness/physical-activity/helmet-hair-dont-care>
- Fitting a helmet: <https://www.rei.com/learn/expert-advice/bicycle-helmet.html#:~:text=A%20good%2Dfitting%20helmet%20should,side%20and%20back%20to%20front>
- All bike riders should wear bicycle helmets. Each year in the United States, about 800 bicyclists are killed and another 500,000 end up in hospital emergency rooms. About 2/3 of the deaths and 1/3 of the injuries involve the head and face. Wearing a helmet can reduce the risk of head injury to bicyclists by as much as 85 percent.
- Why to wear a helmet: <https://my.clevelandclinic.org/health/articles/4374-bicycle-helmet-safety>

How to add a bike rack - <https://bikecommuterhero.com/how-to-use-a-rear-bike-rack/>

## Where to get a bike

- Can find one at Target, Walmart, order online, and at various bike shops in Davis listed below
  - Davis Bike Exchange
  - Ken's Bike-Ski-Board
  - Freewheeler Bicycle center
  - Green Bicycle Depot
  - Davis Cyclery
  - T and M Bike Shop
  - Blisworks Bikes
  - Davis Wheelworks
  - Davis Bikes and Skateboards
  - Apex Cycles and Services
  - ASUCD Bike Barn
    - Possible Bike Fittings





# NAVIGATING UC DAVIS: *BY BIKE*

## Getting your bike fit:

- <https://www.rei.com/learn/expert-advice/bike-fit.html>

## How to protect bike in weather

- Because of seasonal weather changes, your bike protection will change at campus or at your apartment/home.
- Try to park your bike in a shady location or cover your seat with a plastic bag to prevent the bike seat from being hot and cracking.
- You can also cover your seat with a plastic bag during the winter to prevent water from ruining it.
- A mud guard is needed in the winter to protect from mud or water hitting your back.
- For long term storage, or at the end of the day, keeping the bike inside or covered outside prevents the most wear and tear on your bike.
  - A bike cover like this is easy to put on and off your bike and can be locked down as well.



Get the right size bike!





# NAVIGATING UC DAVIS: *BY BUS*

The Unitrans Bus is the bus for UC Davis students and the Davis community. The drivers and staff of Unitrans is predominately made of UC Davis students working part time. Unitrans has many different routes to get you all around the Davis area and to campus, including two terminals at UC Davis (Silo and Memorial Union). Some of the lines even use double decker buses! The buses can lower to be closer to the curb as well as having ramps for passengers using a mobility aid.



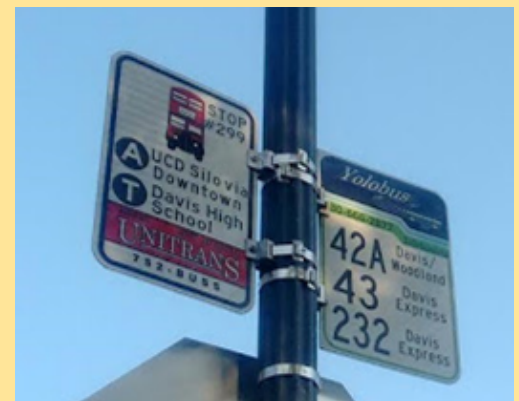
## Silo and Memorial Union

- Silo: The Silo is one of the main bus hubs on campus. It is located right across the Silo, which offers various food options, on the south east side of campus.
- Memorial Union: The Memorial Union is the other bus terminal on campus. It is located right in front of Memorial Union, which houses various student resources, food, and study spaces, on the north side of campus.



## Bus Stops

- Where ever one of these signs are is where the Unitrans bus will come through for a stop. The same goes for the Yolo Bus as well.
- Use the Unitrans website, Google Maps, or the Unitrans app to see when the next bus will be coming through.
- For example, this stop shows that line A goes to UC Davis Silo and goes through downtown (with stops in-between).



# NAVIGATING UC DAVIS: *BY BUS*

## Bus Routes

- There are various routes labeled by alphabet letters. On this website, you can go through each route and see if it goes in the direction or the pickup you are interested in. When looking at the table, find the stop you are interested in, and go to the right to find what times it should be arriving at the stop.
- Most of the routes do not run as normal on the weekend, hence lines like O line (Shopper's Shuttle).
- There are two lines that do a perimeter run either clockwise or counter clockwise (P and Q lines). Do realize that this bus doesn't come back the way it came (makes a circle).
- On the website, <https://unitrans.ucdavis.edu/>, you can click on the live route map to see all of the places the route stops at.

O Line

Amtrak / 5th / Alhambra / Target

P Line

Davis Perimeter Counter Clockwise

Q Line

Davis Perimeter Clockwise

Z Line

Amtrak / Cantrell / 5th

A Line

Amtrak / 5th / Alhambra

C Line

Sycamore / Wake Forest

D Line

Lake / Arlington

E Line

O Line

Amtrak / 5th / Alhambra / Target

Current Service: Weekend

No Weekday Service

Weekend Service

No Service Announcements

Route Schedule

Arrival Prediction

Live Route Map

Term

Weekend

Days

Weekend

View

Compact

Memorial Union & Main Island

9:00

10:00

11:00

11:30

12:00

12:40

1:10

1:40

2:10

2:40

H & 2nd / Amtrak

9:05

10:05

11:05

11:35

12:05

12:45

1:15

1:45

2:15

2:45

8th & Chestnut Lane/Grocery Outlet

9:10

10:10

11:10

11:40

12:10

12:50

1:20

1:50

2:20

2:50

5th & Cantrell/Police Station

9:14

10:14

11:14

11:44

12:14

12:54

1:24

1:54

2:24

2:54

Alhambra Drive & 5th

9:18

10:18

11:18

11:48

12:18

12:58

1:28

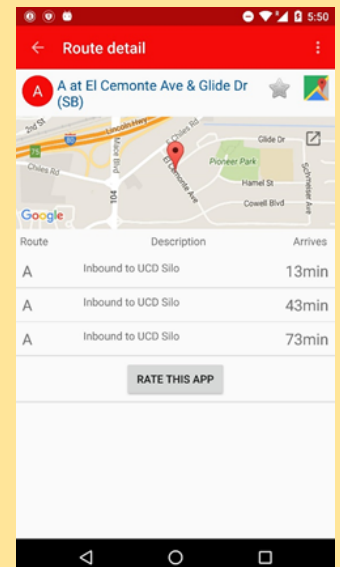
1:58

2:28

2:58



- Unitrans Live App
  - Provides an easy to navigate way to find real time information about where the bus is and an easy way to see all of the stops available to you with the next line showing up too. The App can tell you if the bus is going to be late too.
- Google Maps
  - Google maps allows for an easy way to find the closest stop and how long it would take to travel by bus.



# NAVIGATING UC DAVIS: *BY BUS*



## Using the Unitrans Bus

- Getting on the bus:
  - Wait by the designated bus stop sign that is shown above.
  - Once the bus comes, they will pull over and stop in front of your stop. Make sure that you are in clear view, otherwise they may not see you and go by.
  - The front door will open and you will either pay the fare by putting it in the receptacle, showing them your bus pass, or showing the driver your student ID card.
  - Then move down the bus and either find a seat, or stay standing while holding onto a strap or pole.
- Getting off the bus:
  - As seen on the routes page, there are many pre-determined stops on each route.
  - When you are wanting to get off at the next stop, pull the yellow cord in the bus that are along the sides going up the bus.
  - The bus driver then knows that they will be stopping at the next stop.
  - Exit out the back door when new passengers are coming, otherwise you can exit through the closest door.
- Using your Student ID
  - Undergraduate students receive free Unitrans fare with their UC Davis Aggie Card.
  - A valid undergraduate UC Davis ID also entitles the holder to unlimited access on the Yolobus.
  - In order to use your ID, it has to be the real card and can't be a photocopy or a digital copy.
  - For those who either forgot their card or have other people riding the bus, the fair is \$1.25 with only exact change accepted (there is no change given).



# NAVIGATING UC DAVIS: *BY CAR*

## Parking Options

- This is the website that gives information about all the different ways to park on campus:

<https://taps.ucdavis.edu/parking/guide>

- This page should be kept updated throughout the year.
- It has information for campus parking for campus residents, disabled parking, electric vehicle parking, retiree parking program, and visitor parking.
- There are many places around campus to park, and two different parking structures on the west and north sides.



## For information about the different types of parking and rates:

[https://taps.ucdavis.edu/types\\_and\\_rates](https://taps.ucdavis.edu/types_and_rates)

- Can use ParkMobile to do daily parking or can pay for an entire quarter.
- A parking is for faculty and staff while C and L parking is for students. Motorcycle permits may also be purchased.
- EV charging cars can park at charging stations only during the time of charging. Then the car will have to be moved to a normal parking spot after that time is up/the car is not charging.
  - When parking on the UC Davis campus, electric vehicles are required to display a valid campus parking permit and ELEC overlay (\$10/a month) or make payment via ParkMobile using one of the EV zone numbers (\$10.50 for visitors/\$3.50 for affiliates).

## How to get permits

- [https://parking.taps.ucdavis.edu/cmnauth\\_ext.aspx](https://parking.taps.ucdavis.edu/cmnauth_ext.aspx)
  - Follow this website for obtaining your permit.
- Can also download the ParkMobile app to get daily parking easily on your phone.

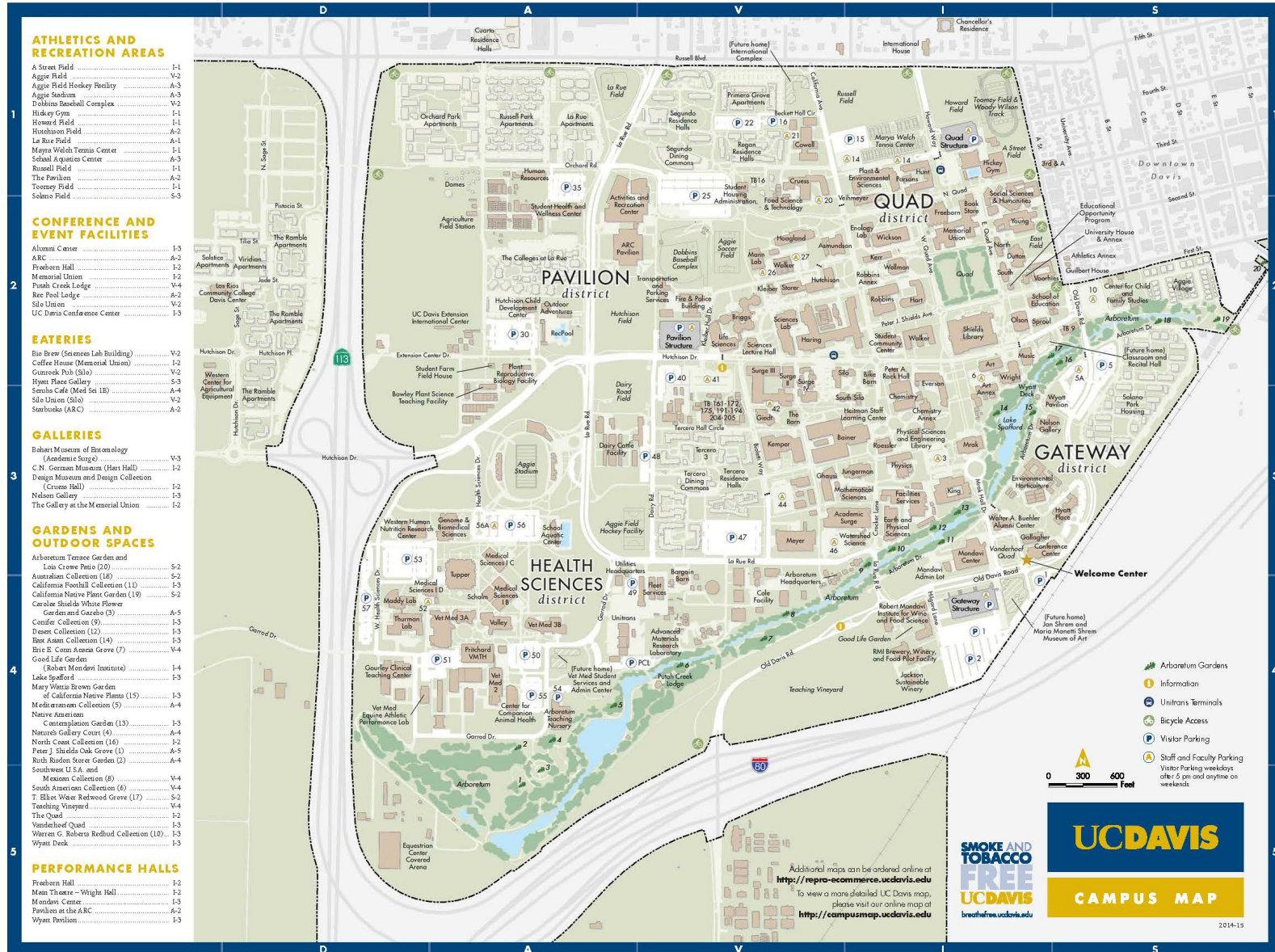




# NAVIGATING UC DAVIS: CAMPUS MAP

<https://campusmap.ucdavis.edu/>

This site gives you a searchable map to find all different buildings, resources, and places on campus.



# TIPS TO THRIVE AT UC DAVIS

## Connecting with UC Davis

1. Link your UC Davis email to your personal email so that you don't miss any important information.
2. Turn on notifications/announcements in Canvas so you are always up to date with information from your classes.
3. Write down or put into your calendar when your next registration time is and start planning your classes early. Registration comes up faster than you think!
4. Start a calendar at the beginning of the quarter.
  - a. Doing so allows you to see the entire quarter at a glance.
  - b. By putting in all important dates from each syllabus, you can be on top of all due dates.
  - c. Being organized at the start of the quarter lets you start off strong and finish even stronger.
5. Go to class, but remember that just because you missed one class or lecture doesn't mean you can't catch up.





# TIPS TO THRIVE AT UC DAVIS

*Get organized!*



1. If you begin to struggle with organization, time management, or goal setting, try out a workshop at the Office of Educational Opportunity and Enrichment Services.
  - a. Academic Assistance and Tutoring Center
    - i. <https://tutoring.ucdavis.edu/>
    - ii. You can book tutoring appointments, writing appointments, go to drop in tutoring, submit writing for feedback, visit a virtual front desk, view an aggie grammar guide, and view videos created by Math and Chemistry Specialists.
  - b. Office of Educational Opportunity and Enrichment Services
    - i. <https://opportunity.ucdavis.edu/services/scls/workshops>
    - ii. This office offers many different workshops through the year such as how to communicate with Professors, designing a weekly or quarter schedule, how to deliver and design a presentation, and even how to do goal setting and maximizing lecture time.
    - iii. <https://opportunity.ucdavis.edu/services/scls/resources>
      1. Under the resource tab, the office has a huge variety of resources to help you succeed! There are many handouts on effective study strategies, organization and productivity, and life design.



# TIPS TO THRIVE AT UC DAVIS

## Technology

1. You can get online versions of all Microsoft office using your Kerberos (UC Davis login).
  - a. <https://iet.ucdavis.edu/content/free-microsoft-office-365-now-available-all-uc-davis-students>
2. One Note is a great option because it lets you have virtual notebooks.
  - a. You can have it divided by notebook, sections, and each individual note page.
  - b. You can easily add in pictures, Powerpoint slides, tables, etc.
  - c. It also can be downloaded on other devices to easily sync notes from one device to another.
3. The library has chargers and calculator rentals available.
  - a. <https://www.library.ucdavis.edu/service/lockers-and-studyequipment/>
4. The library also offers 24 hour study rooms, along with study rooms and collaboration spaces, computers, printing, copying, and scanning.
5. Sciwheel is a great resource for collecting academic resources.
  - a. <https://sciwheel.com/>
  - b. Sciwheel lets you gather resources, put them in order and reference them later and will generate reference lists in a variety of formatting styles.
6. Discord is a great way to stay connected with UHP and your other classes. Check to see if fellow classmates have made a discord for your current class, or make one yours.
  - a. Opendoor (formerly Wildfire) is an app that will allow you to keep up to date through other students and happenings on campus.

# TIPS TO THRIVE AT UC DAVIS

## Finances and Resume

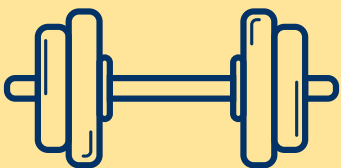
1. Start looking at research grants/scholarships and UC Davis scholarship deadlines early! They could be different deadline times than you were used to at community college.
  - a. Not linked to the FAFSA – but still do it!
  - b. <https://financialaid.ucdavis.edu/scholarships/campus/apply-current> current scholarship application for current students.
  - c. Link to the different scholarships/grants from the research page on Canvas.
  - d. <https://honors.ucdavis.edu/scholarships>
  - e. Work study – through ICC if looking for job and through Financial Aid.
  - f. Regent's Scholarship
2. Anything you are currently working on, start writing down in a very basic and simple resume. It is much easier to start applying for scholarships/grants/applications when you have this already written down. You have done much more than you realize!



# TIPS TO THRIVE AT UC DAVIS

## *Get Involved and Stay Healthy*

1. Get involved with campus! The more connected you feel (with something fun!) the less intimidating campus can feel.
  - a. Clubs and Communities: <https://www.ucdavis.edu/campus-life/clubs-and-communities>
  - b. ARC: <https://campusrecreation.ucdavis.edu/arc>
  - c. Campus Recreation: <https://campusrecreation.ucdavis.edu/>
2. Build healthy habits – getting enough sleep, proper eating, drinking enough water, knowing when to take a break and manage stress.
  - a. Mental Emotional: <https://healthy.ucdavis.edu/mental-emotional>
  - b. Eating Well: <https://healthy.ucdavis.edu/eating-well>
  - c. Physical: <https://healthy.ucdavis.edu/physical>
  - d. Student Health: <https://shcs.ucdavis.edu/>
  - e. Aggie Compass: <https://aggiecompass.ucdavis.edu/>
    - i. Can use this to have access to food and other basic needs on campus.
3. Don't be afraid to seek help! Help from peers, UHP faculty, faculty, and resources on campus can all help you find your way.
  - a. Student Health and Counseling Services: <https://shcs.ucdavis.edu/>
    - i. Has many resources on how to get proper health care as well as handouts and articles.
  - b. Mental Wellness: <https://aggiecompass.ucdavis.edu/mental-wellness>
  - c. Mental Campus Resources: <https://healthy.ucdavis.edu/mental-emotional/campus-resources>
  - d. Contacting UHP: [Student Handbook](#)
  - e. How to approach professors in office hours
    - i. <https://www.ucdavis.edu/news/7-aggie-life-hacks-new-aggies>
  - f. What is a TA? How to approach those students.
    - i. A teaching assistant is a registered graduate student in full-time residence, chosen for excellent scholarship and for promise as a teacher, and serving an apprenticeship under the active tutelage and supervision of a regular faculty member.





# TIPS TO THRIVE AT UC DAVIS

## EXPLORING CAMPUS

### 1. Davis Weather

- a. Davis averages highs in the 90s and 100s during the summer months with lows of about 60. There is no rain in the summer unless a thunderstorm rolls through.
- b. Spring and fall are often mild with some storms that bring rain along with fog. Temperatures during this time can fluctuate with it being in the 80s or low 90s during one week and being in the 50s the next. Nights begin to get cooler during these seasons with lows in the 40s or even upper 30s.
- c. During the winter it can freeze in Davis during the morning but often is in the 50s or 40s. There is often rain and sometimes frost in the morning. Fog is common during the winter too.



### 2. Explore campus

- a. Walk, bike, bus, and drive around campus to get a feel for the entire campus and town!
- b. Doing this early can let you have fun on your first days of campus rather than stressing about where your classes are.



# UNIVERSITY HONORS PROGRAM

## Introducing UHP Staff

- Check out the UHP website to learn more about the UHP staff:  
<https://honors.ucdavis.edu/people>
- From our faculty director to our student workers, we are all here to assist you in your UC Davis and UHP experience!

## How can the UHP staff bridge the gap between your courses and the UHP experience?

- The UHP Transfer Seminar, HNR198 (2 units), is specifically designed to facilitate transfer students' transition and adjustment to the research university environment, culture, and routine. TOGETHER, we will navigate UCD and its resources, and we will explore key skills and strategies for academic and social success. Through participation in collaborative activities, students will become familiar with campus services, policies, and procedures, consider research paths that appeal to them, investigate career opportunities tailored to their interests/needs, and develop a successful personalized plan for degree completion, while actively engaging with the UCD community. This course is taught by a dedicated UC Davis faculty member who understands the Honors Program and UC Davis transfer student experience.
- The UHP curriculum is built for you to apply what you learn in your courses in co-curricular experiences. The projects in transfer year one are structured to help you use your academic skills and content knowledge to explore research and career development opportunities. The Signature Work in transfer year two is designed to help you explore an area of academic inquiry that extends from and beyond what you learn in your UCD courses. That work can be within, related to or separate from your major/minor.

## Student Activities Committee (SAC)

- The Student Activities Committee (SAC) is a group of UHP students who develop and put on events designed to build UHP community. Check out the UHP Social Media pages and the bi-weekly academic year newsletter to learn more about events during the academic year. Email the UHP advisors if you want to get involved with the committee!



# UNIVERSITY HONORS PROGRAM

## When to reach out to UHP

- You have a question about the UHP Curriculum or GPA (3.25 at the end of each academic year) requirements
- You want support in your courses or with course registration
- You want help getting into undergraduate research opportunities
- You want help with career or graduate school planning.

## Why go to advising with UHP?

- UHP advising is available via Zoom or in person, sign up via the online scheduler:
  - <https://appointments.ucdavis.edu>
- Are you unsure of how to complete the UHP Curriculum? Wondering how it can align with your academic plan, career development goals and general direction? A UHP advisor can assist with those questions! Are you worried about completing your UHP requirements or anxious your GPA will not meet the minimum requirement (3.25)? Come meet with us to chat about your options and ways to work towards success.
- Are you mapping out your graduation timeline and academic plan? A UHP advisor can assist you with that process, however, we always defer and strongly encourage you to utilize your major and college advisors for the definitive word on graduation requirements.
- Are you hoping to attend Graduate School? A UHP advisor can help you plan out your next steps!
- Are you unsure of your post-graduation timeline and academic plan? A UHP advisor can help you develop your career goals and path.
- Are you looking for support accessing UC Davis resources? A UHP advisor can help you with that, schedule a meeting or send an email today!

## How to get in touch with UHP

- Advising
  - Find the UHP staff emails and phone numbers on our website: <https://honors.ucdavis.edu/people>
  - Sign up for advising appointments here: <https://appointments.ucdavis.edu>
  - Visit our office at 1350 the Grove (on the UC Davis campus near the Silo).
- Social Media
  - Instagram: @ucdavisuhp
  - Facebook: @UCDavisUHP
  - Discord pages
  - Canvas



**UC DAVIS**

**University Honors Program**

Office of Undergraduate Education



# MYTHS ABOUT RESEARCH

## *Examples of Non Traditional “Thesis” Projects (Capstones)*

- College of Agriculture and Environmental Science
  - Nutrition: Using a research review to guide the making of a brochure to help UC Davis triathletes get proper nutrition facts for workouts and running
  - Animal Sci: language barriers in pet owning. Made a lecture and discussion activities to help with a language barrier educational intervention to pre-vet/health undergrads at the KLOHC no-cost clinic.
  - Environmental Sci: interviewing officials to trace plastic recycling waste flow from UC Davis
- College of Biological Sciences
  - NPB: Trying to see how different programs correlate to teacher’s knowledge and confidence when teaching students with autism through a survey.
  - Genetics: studying how to help students in a club be successful in relationship aspects using a 6 week program for freshman. .
  - Bio: Motivations and barriers to becoming learning assistances; trying to get more underrepresented students in STEM to participate.
- College of Letters and Science
  - Neurobiology, Computer Sci: making an interactive care platform to support remote caregiving for those with dementia and Alzheimer’s.
  - Design: Chinese Flower Symbolism Fashion collection, how different flowers can change with the seasons to promote the meanings of flower symbolism in the traditional Chinese textiles arts and crafts.
  - Economics: Made an ROTC cadet guide development.
  - Marine and Coastal Science: research that assesses the higher rates of incarceration, arrests, and probation affect Black and Latinx juveniles.
  - Psychology: Impediments towards women’s rights, research paper.
  - Design and Economics: sustainability in the boba (tea) industry, how to make it more sustainable.
- College of Engineering
  - Electrical Engineering: making a 1/10th scale autonomous racing vehicle
  - Biomedical Engineering: making a new style of hip protector to help those that are prone to falling to prevent injury.
  - Computer Science and Engineering: identification of pirated video content using an open source application. Group project from UHP students.

# MYTHS ABOUT RESEARCH

- **Can my research be presented at the URC ?- my project isn't research**
  - Absolutely! While it is the Undergraduate Research Conference, it is for scholarship and creative activities.
    - This is why their formats include a poster, an oral presentation or performing arts, or design.
    - Whatever you are doing for your SW counts as research.
  - Research presented at the URC can be a creative project, a research paper, or a producible (ex. Brochure).
- **Does my research have to be finished to present at the URC?**
  - No it doesn't.
  - You might need to change the style of your presentation and dedicate more time talking about the introduction/background and methods if it is still a work in progress.
    - Some students work on a project over a year, so it wouldn't be finished in one sitting.
- **How do I even start thinking about getting a faculty mentor?**
  - It is most common for students to have connection with faculty from taking a class with them that then goes into a project.
  - While it is not as typical to have a faculty mentor be outside of major, just due to faculty taking on students within the major first, it is possible.
    - An ideal pathway is to complete signature work through one's Major if offered. This option provides departmental guidelines and expectations that are discipline specific. Some Colleges may contribute extra support and resources to participants, others may award graduation with honors based upon completion
  - Can start by talking to the TAs in your classes to see what working with that faculty person is like and to flesh out your interests before approaching the professor. They might make you more at ease talking about a project at first too.
    - For some students, especially those working in lab, you probably will only work with TAs during the course of your project.
  - It is possible for students within UHP to pair up on a group project; if you have similar interests it may be possible.

# MYTHS ABOUT RESEARCH

- **I am currently in a lab, doing an IDP, or an Honors Contract; does that mean I can't choose something else for my SW?**
  - You are completely flexible on who you want to approach for a project. If your current project/lab is not a good fit for you, try to find something else you would like to do more. It would be best to do this earlier than later to ensure you get your project locked in.
- **Will my mentor fully guide me through the SW process?**
  - It really depends on your faculty.
  - Make sure to always speak up if things seem unclear and to keep the project going in the direction you want it; you have control over your project.
  - As the UHP website notes: The student takes the lead under faculty mentorship to complete a credit bearing thesis or project that consists of ample writing, self-reflection, and a public presentation of findings.
- **Doing the SW is just to check the box for the UHP requirement.**
  - It can be if you want it to just be that.
  - It can be hard, but try to pick a project that will do something for your educational growth. Student endeavors may focus on contemporary and enduring issues such as educational access, food security, health disparities, race relations, or sustainability, while others may be graduate school or career related which allow an individual to connect their education in a meaningful way.
    - If a traditional thesis will not help you prepare for a career or post-graduation goals, find something that you can write on your resume that will be meaningful for you.
- **Where is there more information about the SW project? I still have a lot of questions.**
  - Kate is always an amazing resource to talk about potential projects as well as throughout the entire SW process.
  - There is a 20 page SW guidebook that is available that details everything about the SW process. It can be found on the website under year 4 curriculum and the Canvas Page under Files – Year 4 Curriculum Resources – Resources for all Signature Work
- **SW is way too much work, there is no way I have the ability/time to do SW**
  - While SW does take effort, you are getting to do your own research!
  - Because it does take effort, try to make sure that your project matches your interest enough that it can motivate you when the project has its moments of being difficult.
  - You do get units for this, so it is incorporated into your schedule.
  - Keeping a schedule/calendar will make the workflow easier and keep you on top of getting the project done.



# MYTHS ABOUT RESEARCH

## *Undergraduate Research Center*

- Undergraduate Research Center (URC) - <https://urc.ucdavis.edu/>
  - The Undergraduate Research Center (URC) is committed to confronting racism and institutional oppression to create an equitable and inclusive community for students, staff, and faculty. They honor and recognize that research, scholarship and creative activities are enhanced by contributions from individuals with various backgrounds, perspectives and experiences.
    - The URC offers opportunities to explore your research interests, present at the Undergraduate Research Conference, apply for funding, and get your questions answered.
  - URC FAQ
    - <https://urc.ucdavis.edu/undergraduate-research-faqs>
  - URC Main page for resources
    - <https://urc.ucdavis.edu/discover-resources-students>
  - Undergraduate Research Conference vs. Undergraduate Research Center.
    - Conference: <https://urc.ucdavis.edu/conference>



# DEPARTMENTS ON CAMPUS

UHP has a full list of all available resources on their website here:  
<https://honors.ucdavis.edu/resources>.

- Academic Resources
- Student Community Center
- Student Success Centers
- Finances, Housing, and Employment
- Student Life
- Campus Shopping
- Computing Resources
- Health Resources
- Self-Care
- Other



Memorial Union also has an abundance of resources available:  
<https://memorialunion.ucdavis.edu/memorial-union>



The Green



Memorial Union





# DEPARTMENTS ON CAMPUS

## FOOD

- Places to get food on campus:

- <https://www.ucdavis.edu/campus-life/dining-food>

- Segundo, Trecero, Cuatro dining commons (open to residence hall residents, campus community, and the public).



Segundo Commons

- Restaurants

- The Gunrock
      - Scrubs Cafe
      - Latitude

- Coffee Spots

- Coho Coffee
      - ARC Peet's Coffee
      - King Hall Coffee
      - Peet's Coffee at the Silo



Davis Co-op

- Places to get food off campus:

- Dining downtown: <https://davisdowntown.com/dining>

- Grocery Stores:

- [https://localwiki.org/davis/Supermarkets %26 Grocery Stores](https://localwiki.org/davis/Supermarkets_%26_Grocery_Stores)

- Davis Co-op



Coho Coffee



Latitude

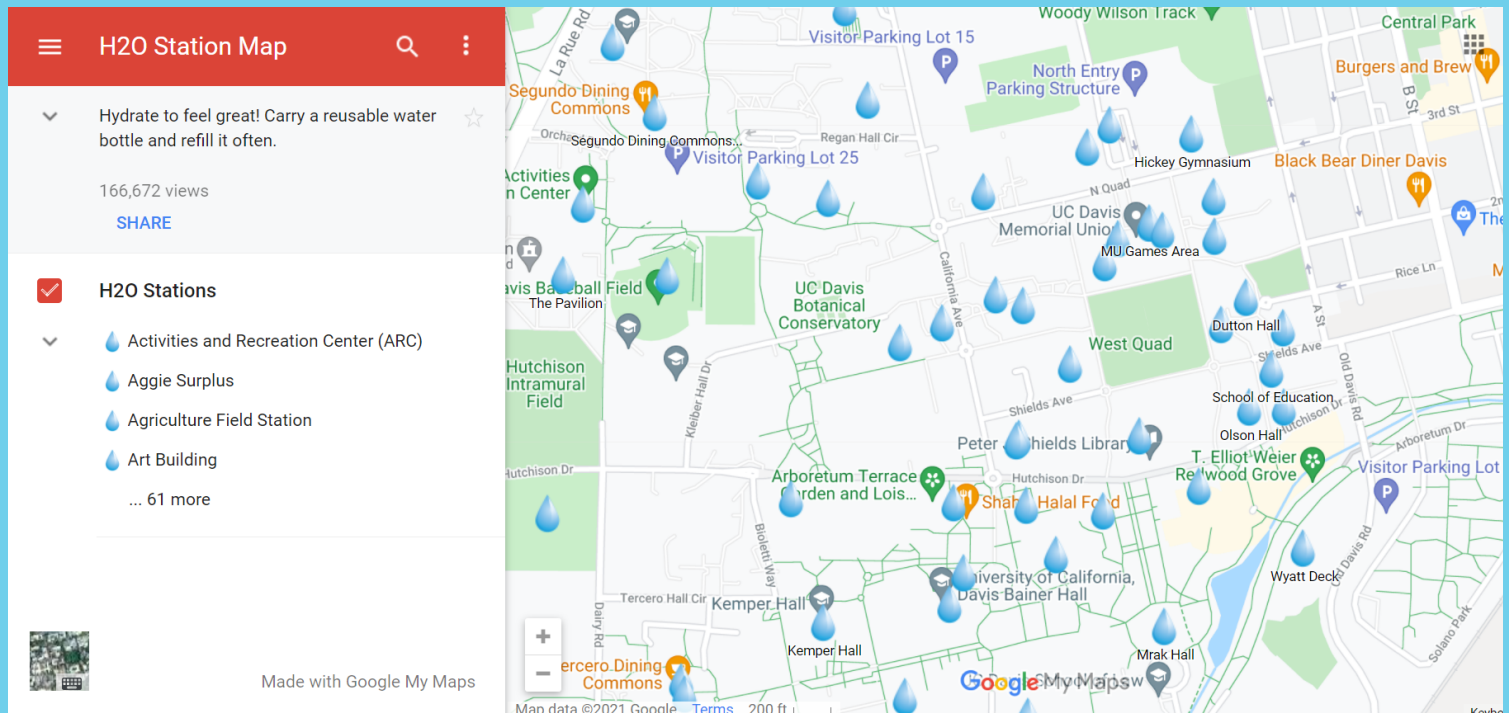


# DEPARTMENTS ON CAMPUS

## WATER AND MEDICAL

### Water Filling Stations on Campus

- [https://www.google.com/maps/d/u/0/viewer?mid=1\\_R4solZjVWevJv8YjSvvo3IBtJM&ll=38.539129308714294%2C-121.74943569999999&z=15](https://www.google.com/maps/d/u/0/viewer?mid=1_R4solZjVWevJv8YjSvvo3IBtJM&ll=38.539129308714294%2C-121.74943569999999&z=15)



### Locations of pharmacies and medical care:

- Clinics on campus
  - Services: <https://shcs.ucdavis.edu/services>
  - Acute Crisis Care: <https://shcs.ucdavis.edu/services/acute-crisis-care>
  - Primary Care: <https://shcs.ucdavis.edu/services/primary-care>
  - Counseling Services: <https://shcs.ucdavis.edu/services/counseling-services>
  - Pharmacy: <https://shcs.ucdavis.edu/services/pharmacy>
  - Optical Services: <https://shcs.ucdavis.edu/services/optical-services>
  - Other Services: <https://shcs.ucdavis.edu/services/other-services>
- List of all of the pharmacies in Davis: <https://www.goodrx.com/pharmacy-near-me/all/ca/davis>

# THINGS TO DO

## BY FOOT

- **Arborteum**
  - Arboretum: <https://arboretum.ucdavis.edu/>
  - Places to see: <https://arboretum.ucdavis.edu/places-to-see>
- **Downtown Davis**
  - Retail: <https://davisdowntown.com/retail>
  - Dining: <https://davisdowntown.com/dining/>
  - Entertainment: <https://davisdowntown.com/entertainment/>
- **Farmers market - Wednesday and Saturday**
  - Year-round at Central Park in downtown Davis, thousands gather each week to shop for what is grown, raised, and made locally at our markets. We are dedicated to bringing farmers right to your table, so we stay open rain or shine.
  - Walk rows of stalls lined with an array of fruits and vegetables, including certified organic produce, choice meats, chicken, seafood, wine, local eggs and honey. Choose from a variety of fresh-baked goods, plants, flowers and gifts. Enjoy a picnic from one of our many food stands, made from market ingredients.
  - Wednesday Market is from 3-6 pm year round.
  - Saturday markets are from 8 am to 1 pm.
- **Craft Center**
  - <https://campusrecreation.ucdavis.edu/recreation/craft-center>
- **Equestrian Center**
  - <https://campusrecreation.ucdavis.edu/recreation/equestrian-center>



Farmer's Market



Craft Center

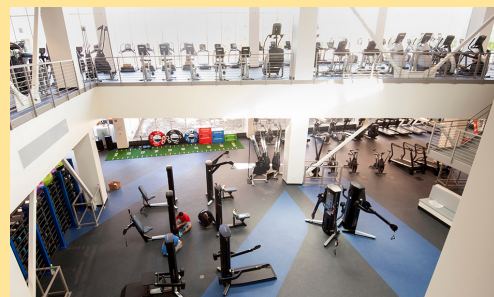
# THINGS TO DO

## BY FOOT

- **MU bowling/arcade/pool**
  - Bowling: <https://memorialunion.ucdavis.edu/bowling>
  - Billiards: <https://memorialunion.ucdavis.edu/billiards>
  - Gaming: [https://memorialunion.ucdavis.edu/gaming\\_](https://memorialunion.ucdavis.edu/gaming_)
  - Gunrock-gaming: <https://memorialunion.ucdavis.edu/gunrock-gaming>
- **Outdoor adventures**
  - <https://campusrecreation.ucdavis.edu/outdoor-adventures>
- **Earth Festival**
  - <https://earthday.ucdavis.edu/>
- **Picnic Day**
  - <https://picnicday.ucdavis.edu/>
  - Usually around April
- **Clubs/Athletics/College Athletics**
  - Intermural sports: <https://rec.ucdavis.edu/fusionim/schedule>
  - Sports clubs: <https://campusrecreation.ucdavis.edu/sport-clubs>
  - College Athletics: <https://ucdavisaggies.com/>
- **Go see a game!**
  - <https://ucdavisaggies.com/>
- **Equipment rentals – hiking gear, tents, skiis, etc.**
  - <https://campusrecreation.ucdavis.edu/outdoor-adventures/equipment-rental>
- **ARC**
  - ARC: <https://campusrecreation.ucdavis.edu/arc>
  - Amenities: <https://campusrecreation.ucdavis.edu/arc/amenities-and-equipment>
  - Schedules: <https://campusrecreation.ucdavis.edu/arc/court-and-studio-schedules>
- **Geocaching**
  - <https://www.geocaching.com/play>
- **Community Garden**
  - <https://garden.ucdavis.edu/>



MU  
Bowling



ARC



# THINGS TO DO

## BY BIKE AND BUS

- Parks!
  - Directory:  
<https://www.cityofdavis.org/city-hall/parks-and-community-services/facility-directory>
- Bee Garden
  - <https://beegarden.ucdavis.edu/>
- Airport
  - <https://taps.ucdavis.edu/universityairport>
  - Flight School:  
<https://calaggieflyers.com/>
- Rec Pool
  - <https://campusrecreation.ucdavis.edu/recreation/aquatics>



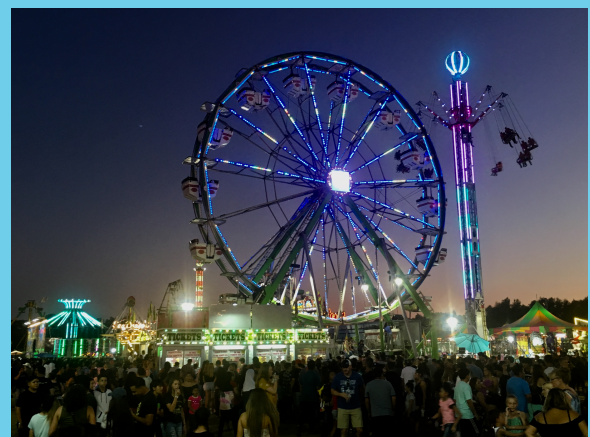
# THINGS TO DO

## BY CAR

- Skydiving at Yolo County
  - <https://skydanceskydiving.com/>
  - Can even go over by the airport and watch them land.
- Yolo County Fair
  - <https://www.yolocountyfair.net/>
- Sacramento Zoo
  - <https://www.saczoo.org/>
- 6 Flags Discovery Kingdom
  - <https://www.sixflags.com/discoverykingdom>
- Lake Berryessa
  - <https://goberryessa.com/>
- What we are in driving distance of (Lake Tahoe, San Francisco, Sacramento, Napa...).
- San Francisco is 1.5 hours away
- Sacramento is 0.5 hours away
- Napa is 1.0 hours away
- Lake Berryessa is 0.75 hours away
- Folsom Lake is 0.75 hours away
- Lake Tahoe is 2.0 hours away
- Yosemite is 3.0 hours away



Lake Berryessa Glory  
Hole



Yolo County Fair